Related Resources

- Compassionate use program:
 www.lymphomation.org/expanded-access.htm
- Evaluating medical claims and data: www.lymphomation.org/CAM-evaluating.htm
- Finding and choosing an oncologist, or outside expert to consult: www.lymphomation.org/docs.htm
- Free travel for treatment:
 www.lymphomation.org/clinical-trials-gov.htm
- Harmonizing Research and Treatment Goals
 Patient Perspectives on Clinical Trial Design:
 www.lymphomation.org/Harmonizing1.pdf
- Treatment decisions:
 www.lymphomation.org/treatment-decisions.htm

We are guided by our scientific advisors, the peer-reviewed literature, medical professionals fighting lymphoma, and patient questions.

We continuously improve our website in response to visitor questions and **patient needs** . . .

by linking you to reputable evidence-based sources of information.



Patients Against Lymphoma

3774 Buckwampum Road Riegelsville, PA 18077

Phone:610-346-8419 | Fax: 801-409-5736 KarlS@Lymphomation.org

We are a 501(3) (c) not-for-profit organization.

Donations are tax-deductible.

Lymphomation.org

About Lymphoma | Advocacy | CAM & life style | Clinical trials

Doctors | Guidelines at diagnosis | How to Help | Research

Side Effects | Support | Tests & imaging | Treatments | WebCasts

TO LOCATE CLINICAL TRIALS FOR LYMPHOMA:

1.	Go to www.Lymphomation.org
2.	Click <u>Clinical trials</u>
3.	Click <u>By Treatment type</u>
	or <u>By Lymphoma type</u>
	or
4.	Click the desired study type.

A window displays the studies that answer the selected query as shown.

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When Should I Consider a Clinical Trial?

When Clinical Trials May be Appropriate

Checklist of Questions on:

- ~ Treatments
- ~ Side Effects
 - ~ Tests

How to Find Clinical Trials for Lymphoma

Patients Against Lymphoma



Patients helping Patients

Linking patients and physicians to reputable evidence-based information; voicing patient perspectives in the fight against Lymphoma.

CHECKLISTS

Are there treatments under study that would be appropriate for me?

Ask this of your treating physician.

... and of an independent expert as well.

Try to get a consensus that your decision to try a investigational treatment is reasonable and appropriate. Be aware that investigators who are conducting a clinical study can sometimes have unintended intellectual biases.

WHEN CLINICAL TRIALS MAY BE APPROPRIATE

Guidelines prepared by patients for patients

When standard treatments are not expected to cure the disease.

When the investigational therapy provides a potential improvement over standard therapies, such as a possible cure, or management of the disease with fewer side effects.

When investigational therapy has less expected toxicity than available standard treatments.

When your disease does not require immediate treatment – so-called watchful waiting – and the investigational treatment is not likely to make standard therapies less effective (preclude them) should they be needed later on.

When you are not responding to standard therapies, and/or cannot tolerate the toxicities associated with them.

When diagnostic tests indicate the characteristics of your disease make it unlikely that it will respond to standard therapies.

ABOUT TREATMENTS

Treatment and initial consults should not be rushed. Ask your doctor or the independent expert you consult to schedule a time that allows for a thorough discussion of all appropriate options. Bring your written questions to this consult, and provide a copy for your doctor.

- What materials or resources can you provide to help me to become informed about the therapies you think most appropriate?
- Does the disease require prompt treatment and why?
- Can the disease be cured with standard or investigational approaches?
- What are the symptoms of the disease, and which of the these symptoms indicate a need for treatment?
- What are my treatment choices? What are the pros and cons of each?
- Which standard and investigational treatments do you recommend? Why?
 - o Does it offer a chance of a cure?
 - o What is the goal of this treatment?
 - What are the chances that the treatment will be successful?
 - o How long will the treatments last?
 - How easy is it to administer, and will it disrupt my normal life or ability to work?
 - o How durable is the response likely to be?
 - What toxicity and/or risks are associated with this treatment?

- Can this treatment reduce my chances of benefiting from important subsequent treatments?
- What signs will indicate that the therapy is starting to work or that it is not working?

ABOUT SIDE EFFECTS

- What side effects should I expect? And what side effects should I report to you?
- What signs or changes should I report immediately? And how can I best contact you when this happens?
- How will I feel during therapy, and will it affect my normal activities?
- What can I do to minimize risks during therapy?
- Will you prescribe medications to minimize side effects and risks?
- What side effects may I experience that are not dangerous?
- What foods, supplements, procedures, or medications should I avoid during treatment?

ABOUT TESTS

- What tests will you order? What do they measure? Will you provide copies?
- o How often should I receive these tests?
- What changes or symptoms may indicate the need for tests?
- When is a bone marrow biopsy indicated? What steps can you take to minimize discomfort and anxiety associated with this test?
- When frequent imaging tests are required, can MRI be used instead of CT in order to minimize exposures to radiation?
- What test results indicate a need to initiate or change treatment?