

Medication Checklist

	Medication Name refill # / prescriber / phone	Size, Shape, Color	Dose	Dates (mm/dd/yr)			(y/n)	Time of Day (x)						Purpose (Indication)
				Start	Stop	Refill	With Food?	Dawn	Break feast	Lunch	Dinner	Night	Late	
1														
	Instructions						Side Effects							
2														
	Instructions						Side Effects							
3														
	Instructions						Side Effects							
4														
	Instructions						Side Effects							
5														
	Instructions						Side Effects							

Print and copy as needed - organize in binder.

Drug Allergies? _____

Vitamins and Supplements? _____

Aspirin? _____

Laxatives? _____

Other Over the Counter Meds? _____

Questions for my provider? _____

Lymphomation

*Providing support and evidence-based information
independent of health industry funding*

Common Causes of Medication Errors

- Drug incorrectly prescribed by doctor
- Drug incorrectly read or prepared by pharmacist
- Wrong drug | Missed dose
- Drug taken at wrong time | Incorrect dose | Doubled dose
- Drug given for longer or shorter durations than intended
- Drugs incorrectly recorded
- Drug taken past expiration date
- Drug storage errors (e.g. not refrigerated, exposed to light/moisture)
- Counterfeit drug (purchased online from unreliable source)
- Poor handwriting; confusion between drugs with similar name, color, or shape
- Misuse of zeroes and decimal points; confusion of metric and other units
- Inappropriate abbreviations
- Inappropriate labeling as a drug is prepared and repackaged into smaller units
- Interruptions that can distract health professionals from their medical tasks.

TIP: Ask your physician to include the purpose for the drug (the indication) along with drug on a prescription - to reduce errors caused by drugs with similar names.